

JULY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	3 9:00 Walking/Chair Yoga 10:00 Fitness/MVQG Sew In 11:30 Lunch w/Big Daddy Noon Beginning Dulcimer 1:00 Computer Class 1:00 Dulcimer Class 1:00 Euchre	4 CENTER CLOSED	5 9:00 Walking/Chair Yoga 9:00 Card Making 9:15 Bible Study 10:00 Fitness/Dominos 11:00 Happy Hookers 11:30 Bible Study 12:30 Pinochle 1:00 Wii Bowling	6 9:00 Walking 10:00 Exercise 11:30 Lunch w/Friends 12:30 Pinochle	7 9:00 Walking 10:00 Fitness 12:30 Pinochle 12:30 Guitar Lessons 1:30 Member Bing	
	10 9:00 Walking/Chair Yoga 9:00 Ways and Means 10:00 Fitness/MVQG Sew In 11:30 Lunch w/Big Daddy Noon Beginning Dulcimer 1:00 Computer Class 1:00 Dulcimer Class 1:00 Euchre	11 9:00 Walking 10:00 Exercise/Book Club 11:00 Coloring 11:00 Beg. Plus Line Dance 1:00 Advanced Line Dance 1:00 Barbershop 1:00 Mahjong 2:00 Genealogy	12 9:00 Walking/Chair Yoga 9:00 Card Making 9:15 Bible Study 10:00 Fitness/Dominos 11:00 Happy Hookers 12:30 Pinochle 1:00 Wii Bowling	13 9:00 Walking 10:00 Exercise 11:30 Lunch w/Friends 12:30 Pinochle 1:00 Art Class @ Terri's	14 9:00 Walking 10:00 Fitness 10:00 Quilting Stitch-in 11:30 Pot Luck (Ticket Req.) 11:30 Blood Pressure Checks 12:30 Pinochle 12:30 Guitar Lessons	
	17 9:00 Walking/Chair Yoga 10:00 Fitness/MVQG Sew-In 11:30 Lunch w/Big Daddy Noon Beginning Dulcimer 1:00 Computer Class 1:00 Dulcimer Class 1:00 Euchre	18 9:00 Walking 9:30 Food Bank 10:00 Exercise 11:00 Coloring 11:00 Beg. Plus Line Dance 1:00 Advanced Line Dance 1:00 Barbershop 1:00 Mahjong	19 9:00 Walking/Chair Yoga 9:00 Card Making 9:15 Bible Study 10:00 Fitness/Dominos 11:00 Happy Hookers 11:30 Bible Study 12:00 Alzheimer 12:30 Pinochle 1:00 Wii Bowling	20 9:00 Walking 10:00 Exercise 11:30 Lunch w/Friends 12:00 Traveling Euchre 12:30 Pinochle	21 9:00 Hearing Aid Clinic 9:00 Walking 9:00 Book Sale 10:00 Fitness 12:30 Pinochle 12:30 Guitar Lessons	
	24 9:00 Walking/Chair Yoga 10:00 Fitness 10:00 MVQG Sew In 11:30 Lunch w/Big Daddy Noon Beginning Dulcimer 1:00 Computer Class 1:00 Dulcimer Class 1:00 Euchre	25 9:00 Walking 10:00 Exercise 11:00 Coloring 11:00 Beg. Plus Line Dance 1:00 Advanced Line Dance 1:00 Barbershop 1:00 Mahjong	26 9:00 Walking/Cards/Yoga 9:15 Bible Study 10:00 Dominos/Fitness 11:00 Happy Hookers 11:30 Free Lunch 12:30 Pinochle 1:00 Wii Bowling	27 9:00 Walking 10:00 Exercise 11:30 Lunch w/Friends 12:30 Pinochle 1:00 Art Class @ Terri's Studio	28 8:00 G. Arroyo Golf Tourney 9:00 Walking 9-3 Bake Sale 10:00 Fitness 10:00 Quilting Stitch-in 12:30 Pinochle 12:30 Guitar Lessons 1:30 Member Bing	
	31 9:00 Walking/Chair Yoga 10:00 Fitness 10:00 MVQG Sew In 11:30 Lunch w/Big Daddy Noon Beginning Dulcimer 1:00 Computer Class 1:00 Dulcimer Class 1:00 Euchre					